



What to Expect from **HEMOCARE: A GUIDE FOR FAMILIES**





Helping You Navigate the Homecare Journey with Confidence

Deciding to arrange homecare for yourself or a loved one is a big step, and many families feel uncertain about what to expect. How does it work? What does a carer actually do? How will it fit into daily life?

At Care with Confidence, we believe that knowledge is power. This guide walks you through everything you need to know about homecare, so you can prepare with confidence and ensure your loved one gets the best possible support.

1

What is Homecare?

Homecare (also called domiciliary care) provides personalised support for individuals who need assistance while remaining in their own home.

It's designed to:

- ♥ **Help individuals** maintain their independence.
- ♥ **Provide personal**, medical, and emotional support.
- ♥ **Adapt** to changing needs over time.
- ♥ **Offer peace of mind** to families knowing their loved one is safe.

Homecare is flexible—it can be a few hours a week, daily visits, or even 24/7 live-in care.



How Care with Confidence Helps:

- ♥ We match families with trusted, fully vetted homecare providers.
- ♥ We offer free consultations to help you understand which type of care best suits your needs.

A homecare package is tailored to the individual and may include:

Personal Care & Daily Living Support

- ♥ Help with washing, dressing, and grooming.
- ♥ Assistance with toileting and continence care.
- ♥ Support with mobility and fall prevention.

Meal Preparation & Nutrition

- ♥ Preparing nutritious meals and snacks.
- ♥ Ensuring proper hydration and diet.
- ♥ Supporting special dietary requirements.

Medication Management

- ♥ Administering or reminding individuals to take medication.
- ♥ Ensuring medication safety and proper dosages.

Household Tasks & Domestic Help

- ♥ Light cleaning, laundry, and tidying.
- ♥ Grocery shopping and meal planning.

Companionship & Emotional Support

- ♥ Providing social interaction and conversation.
- ♥ Accompanying individuals on outings and appointments.

Specialist & Complex Care

- ♥ Dementia care, stroke recovery, or post-surgery support.
- ♥ Palliative care and end-of-life support.
- ♥ Support for chronic conditions like Parkinson's or diabetes.



How Care with Confidence Helps:

- ♥ We help families identify the exact type of care they need.
- ♥ We connect you with providers that specialise in personal, medical, or complex care.



The process of setting up homecare typically includes these five key steps:

Step 1: Initial Assessment

- ♥ A care manager meets with you and your loved one to understand their needs, preferences, and lifestyle.
- ♥ This helps create a personalised care plan.

Step 2: Creating a Care Plan

- ♥ The provider outlines what support will be provided and when.
- ♥ Families can discuss specific requests, cultural needs, and routines.

Step 3: Matching a Carer

- ♥ The provider assigns a trained carer who suits the client's personality and care needs.
- ♥ Some providers allow you to meet the carer in advance.

Step 4: Starting Care

- ♥ Care visits begin based on the agreed schedule (e.g., daily, weekly, live-in care).
- ♥ Families receive regular updates on progress.

Step 5: Ongoing Monitoring & Adjustments

- ♥ The care plan is reviewed regularly to adapt to any changes in health or preferences.
- ♥ Family feedback is encouraged to ensure high-quality care.



How Care with Confidence Helps:

- ♥ We guide you through each step, ensuring a smooth transition into homecare.
- ♥ We connect you with providers who offer transparent communication and care monitoring.



4

What to Expect from a Carer

A professional homecare carer is trained to provide:

- ♥ **Compassionate, respectful support** – They understand the importance of dignity and independence.
- ♥ **Safe and high-quality care** – They follow CQC (Care Quality Commission) guidelines.
- ♥ **Clear communication** – Families receive regular updates on well-being and care progress.



Tip:

A great homecare provider will match carers based on personality, experience, and compatibility. If something isn't working, you should be able to request a different carer.

How Care with Confidence Helps:

- ♥ We only work with trusted, experienced carers who are DBS-checked and highly trained.
- ♥ We ensure families have a say in carer selection and ongoing care adjustments.



5

Common Concerns & FAQs About Homecare

Will my loved one always have the same carer?

- ♥ Many providers aim for continuity of care, meaning the same carer(s) visit regularly. However, some rotation may occur.

Can we change the care plan later?

- ♥ Yes! Care plans should be reviewed regularly and adjusted as needed.

How quickly can care start?

- ♥ This depends on availability, but some providers offer emergency or next-day care.

What happens if my loved one doesn't get along with their carer?

- ♥ You can request a different carer if needed. A good provider will prioritise a good match.



How Care with Confidence Helps:

- ♥ We answer all your homecare questions with expert advice.
- ♥ We help resolve any concerns quickly to ensure peace of mind

Find the Right Homecare **with Confidence**

At Care with Confidence, we take the stress out of choosing a homecare provider by offering:

- ♥ **Expert guidance** – We help you navigate the homecare process with ease.
- ♥ **Pre-vetted, trusted providers** – No need to research providers alone.
- ♥ **Transparent pricing** – Locked-in rates with no hidden fees.
- ♥ **Ongoing support** – We're here for you before, during, and after care begins.



Book a FREE consultation today
and ensure your loved one receives the best possible homecare.

Email: hello@bigsistercare.com
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Speak to an Expert Now



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